

FOUR QUESTIONS TO LIVE ONE'S PASSION

These four questions (five counting the Alternate Question 2) are the Life Purpose Clarification Formula (LPCF) developed by Patrick J. Harbula. Use them four to guide your client to clarify life purpose. The goal is to come up with a concise (preferably 7 words or less), powerful definition that can be affirmed in any moment to maximize passionate living and act as a guide toward ideal vocation. Write down your client's answers on this sheet.

Question 1: What do you love to do that makes the world a better place?

Question 2: (If the purpose is a general one that can be used in any situation, then move on to question 3). If the answer is an activity through which a purpose could be fulfilled, such as "writing," then ask: What is the most profound experience or feeling you would like people to receive from experiencing your _____ (insert last answer)?

Alternate Question 2. What is the most profound experience, you would like someone to receive from a conversation or any interaction with you?

Question 3: What is the quality or guidance that you did not receive enough of as a child that you wish you had more of, the most important one?

Question 4: How does it feel when you give others _____ (what he or she didn't get enough of)?

Life Purpose Definition: Ask your partner to come up with a short definition of life purpose based on the answers. Then ask: Is that most meaningful or is it more meaningful to create the experience of _____ (what he or she didn't get enough of) for others? Look for the emotional hit and use their response to formulate the definition. Try different phrasings. The uniqueness of wording is important.
